NSW FACT SHEET – FIRST AID

1. WRITTEN RISK ASSESSMENT

A risk assessment relevant to the workplace is to be prepared to determine the following:

- **First Aid Kit** location, contents and responsibility for restocking;
- Other **First Aid Equipment**, e.g. defibrillator, eye wash, shower;
- **First Aid Facilities**, e.g. clean water supply, telephone, first aid room, health centre; and
- Number and qualification of **First Aiders**.

2. FIRST AID KITS

Workplaces have a responsibility to provide first aid equipment and ensure each worker at the workplace has access to the equipment. First aid kits are required to be:

- Stored in a prominent, easily accessible location;
- Labelled with a white cross on a green background.; and
- Large enough to contain all contents and protect them from dust, moisture and contamination.

Contents of the first aid kit are to be checked regularly to ensure all items are:

- In good working order;
- Not past their expiry date; and
- Sealed if they are required to be sterile.

3. FIRST AID TRAINING

First aiders should hold a nationally recognised Statement of Attainment issued by a Registered Training Organisation. The following ratios are recommended for the number of trained first aiders required in a workplace:

- Low risk workplaces – 1 first aider for every 50 workers; and
- High risk workplaces – 1 first aider for every 25 workers.

4. INFORMATION SOURCES

- Section 42 of the *WHS Reg 2017*, visit www.legislation.nsw.gov.au;
- *First Aid in the Workplace, Code of Practice August 2019,* visit www.safework.nsw.gov.au;
- Email us: info@propertyrisk.com.au

PROPERTY RISK AUSTRALIA

www.propertyrisk.com.au

Version 1, 28 October 2019.
Image sourced from Pixabay.com